

Need more energy?

Want to reduce the effects of stress?

Want your body to move and work more like it used to?

Want better health?

Memphis Martial Arts

Presents:

Dayan (Wild Goose) Qi Gong 2-day Seminar *With Master Clif Bullard*

This 2-day course will cover the first form of this Qigong system and is safe for everyone to practice. The purpose of the form is to purge bad energy, and collect and store fresh, new energy.

Master Clif Bullard, a certified Qigong instructor in the Dayan Qigong system learned the form from Master Shane Lear, who learned it directly from the 28th generation lineage holder, Master Chen Chaun Gang in Wuhan, China.

Date: Sat Feb 25 & Sun Feb 26 • 9:00 am-4:30 pm, both days

Location: Memphis Martial Arts • 2543 Broad Avenue • Memphis, TN 38117

Cost: \$120 (includes Master Shane Lear's DVD, filmed in China)

To Register: Send check or money order payable to Memphis Martial Arts, to the address above – ATTN: Clif Bullard. Please include your name and contact information (phone and/or email).

For more information: Call 901-275-1636 or email sensei@memphismartialarts.net



****Register by Feb 1 and get \$20 off****

